
2019 KANSAS CITY CORPORATE CHALLENGE

5K

RACE DATE / TIME: Saturday, May 4, 2019
7:30 a.m.

RACE START / FINISH LOCATION: Burns and McDonnell
9400 Ward Parkway
Kansas City, MO 64114

PACKET PICK-UP DATES / TIMES: Thursday, May 2, 2019 (11:00 a.m. - 6:30 p.m.)
Johnson County Arts & Heritage Center
8788 Metcalf, Overland Park, KS 66212

Friday, May 3, 2019 (11:00 a.m. - 2:00 p.m.)
Johnson County Arts & Heritage Center
8788 Metcalf, Overland Park, KS 66212

THERE WILL BE NO RACE DAY CHECK-IN. ALL PARTICIPANTS MUST CHECK-IN AT ONE OF THE PACKET-PICK-UP DATES LISTED ABOVE OR SEND SOMEONE TO CHECK-IN AND COLLECT YOUR PACKET FOR YOU.

- Each company is allowed to enter two male and two female participants in each of the following age categories: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 & 70+.
- All participants must check-in or have their coordinator's check them in before race day.
- **ALL times and winners will be determined according to their Chip Time.**
- **Runners will line-up in waves based on their estimated finish time(s). Waves will go off approximately every minute until all the runners are on the course. Signs will be placed throughout the starting line and announcements will be made concerning how to line-up. Since chip timing will be used for the start and finish, regardless of which wave you start in, your start time will be when you cross the starting line.**
- The 5K distance is equivalent to 3.1 miles.
- Finishers **will not** be eligible for places, points, or medals after 75 minutes.
- The start line will **CLOSE** 12 minutes after the initial start gun sounds. No additional runners will be allowed to cross the mats after this time.
- The 5K is held along Ward Parkway. It is a loop course that utilizes each side of Ward Parkway with the turnaround at 83rd Street.
- A map of the 5K course is available on the KCCC website (www.kccorporatechallenge.com).
- All participants will receive their chip and a bib number at packet-pickup. The bib must be pinned on the front of the shirt or shorts during the race. The bib # must be visible when the participant crosses the finish line. The chip (tied to the shoelaces) must be turned in at the finish line. **NO CHIP = NO TIME**
- No headphones, pets, baby strollers or joggers, roller blades, scooters, or bicycles are allowed on the course.

5K (continued)

- For liability reasons, only registered KCCC participants will be allowed on the course. Meaning, there are NO pets, baby strollers, baby carriers, children or other pedestrians of any kind allowed on the course.
- No outside competitors, for “pacing” purposes, are allowed on the course. All participants on the course must be wearing the race/bib number provided at check-in. Participants may walk if necessary. Walkers should start at the back of the pack.
- All participants must finish without assistance, in order to receive points or medals.
- The Race Committee reserves the right to delay the start of a race or change the race course if conditions warrant such a change.
- In the event of bad weather, please use the KCCC rain-out number 913-312-8843 or check the KCCC website (www.kccorporatechallenge.com).
- The 5K will be scored as a meet, please see below for 5K Meet scoring information.

SCORING THE 5K MEET

The 5K will be held as a “meet”. Individuals will compete within their age group against competitors from all divisions, but results will be scored by division.

- The top eight finishers in each age group, by division, in the 5K will be awarded points toward your company’s 5K “Meet Points” as follows:

Place	Points	Place	Points
1 st	10	5 th	4
2 nd	8	6 th	3
3 rd	6	7 th	2
4 th	5	8 th	1

- After “Meet Points” are accumulated from all finishers in the 5K, company winners will be determined and points will be awarded, by division, to your *overall* KCCC total, as follows:

Place	Points
1 st	40
2 nd	34
3 rd	28
4 th	24

Place	Points
5 th	20
6 th	16
7 th	12
8 th	10

Place	Points
9 th	8
10 th	6
11 th	4
12 th	2

Medals and additional “medal points” will be awarded toward your *overall* KCCC Total for the top three finishers in each age group in the 5K. These medals and “medal points” will be awarded overall by age group, not by division. Medal points will be scored as follows:

Place	Points
1 st	3
2 nd	2
3 rd	1

- The KCCC will award a participation point to each competitor in the 5K who completes the event within the 75-minute time limit.

For more information regarding the 5K,
contact Katy Renner at 913.826.2964 / Kathryn.Renner@jocogov.org