
2021 KANSAS CITY CORPORATE CHALLENGE

TEAM DUATHLON

RACE DATE / TIME: Sunday, June 13th, 2021
Race starts at 7:00 a.m.
Parking Gate opens at 5:00 a.m.

RACE LOCATION: Shawnee Mission Park
Race Day Parking at Theatre in the Park (enter off Renner Road)
7710 Renner Road
Shawnee, KS 66217

PACKET PICK-UP DATE /TIME: Tuesday, June 8, 2021 (11:00a.m. - 6:30p.m.)
Mill Creek Activity Center
6518 Vista Drive
Shawnee, KS 66218

Wednesday, June 9, 2021 (11:00 a.m. – 2:00p.m.)
Mill Creek Activity Center
6518 Vista Drive
Shawnee, KS 66218



The Team Duathlon is an endurance event; thus, training is highly important for the successful completion of this event.



KCCC is taking several steps to enhance the health and safety of the event for participants, volunteers, and staff:

- **Masks:** all athletes, volunteers, and staff will be required to wear masks at all times during event, unless facility guidelines specify otherwise.
- **Physical Distancing:** maintain at least a 6-foot distance between each other.
- **Cleaning and Disinfecting:** extra handwashing and hand sanitizer stations will be available at the event.
- **Facility Guidelines:** KCCC events will adhere to all safety protocols required at each of our host facilities.
- **Spectators:** To adhere to all facility capacity limits, maintain proper social distancing, and limit contact tracing, NO spectators will be allowed at the event.
- If anyone is experiencing symptoms consistent with COVID-19, they will abstain from the event (including but not limited to: fever, chills, cough, sore throat, and shortness of breath).

- Participation rosters are due in Challenge Manager by 5pm on Tuesday, June 1st. No late entries will be accepted.
- Each company may enter ONE Coed Team consisting of either 2 men and 1 woman or 2 women and 1 man.

- Packet pickup will be run in a drive thru format with ONE person from each company picking up the team's packet. The person picking up the packet will be responsible for packet distribution prior to race day. There will be no race day check-in.
- Packet will include participant bibs, helmet stickers, bike tags, safety pins, and timing chip. Bibs must be pinned on the front of the shirt or shorts during the race. The bib # must be visible when the participant crosses the finish line. The Velcro timing chip must be turned in at the finish line.
 - Chip Timing will be used for this event. NO CHIP = NO TIME
- A Pre-Race Orientation Meeting for all participants is available on the KCCC website. It is advantageous for all participants to watch this meeting.
- The Team Duathlon consists of a run-bike-run race with a different person completing each leg of the event.
- A map of the Team Duathlon Race Course is posted on the KCCC website (www.kccorporatechallenge.com).
- The Team Duathlon will be held as a single "meet" and will be scored by division.
- KCCC medals will be awarded to the top 3 duathlon teams per division, no additional medal points are given for these medals.
- **To ensure the safety of athletes and their belongings, the transition area will close at 6:50am and will reopen at approximately 9:10am. Athletes will NOT be allowed to remove their bikes from transition until approximately 9:10am. The reopen time is subject to change and will be announced on site.**
- **The maximum time allowed for the Team Duathlon is three (3) hours. Finishers will not be eligible for places, points (including participation points), or medals after the 3-hour time limit.**
- Results will be finalized by the Wednesday following the event. Please reserve all results questions until after this time.
- **RULES APPLYING TO THE RACE:**
 - 1) The Team Duathlon will begin at 7:00 a.m. Gates to get into the Theatre in the Park to park your car will open at 5:00 a.m. We recommend that participants arrive by 6:00 a.m. **All athletes will be marked as they enter transition on race morning prior to racking their bikes. Please be prepared to give your race number to volunteers working body marking.** Because Shawnee Mission Park is closed to all traffic to ensure a safe event, **parking on race day will be at The Theatre in the Park parking lot.** It is approximately $\frac{1}{2}$ - $\frac{3}{4}$ miles from this parking lot to the transition area where the race will begin, so participants should arrive early enough to be ready for the 7:00 a.m. start.
 - 2) Team Duathletes will be identified by the following markings: biker will be issued a helmet sticker, bike post sticker and race number body marking on both arms, runners will be issued a bib number to be pinned on the *front* of the shirt or shorts along with race number body marking on both arms. These must be worn throughout the event to identify the official contestants in the race.

- 3) **RUN DISTANCE - The distances will be a 3.1-mile run, a 13.5-mile bike, and a 3.1-mile run.** The race begins on the park road near the check-in tent. The run segments will take place on the park road and the Streamway trail system; the bike segment will consist of three laps around the park on the main park road. **Both the run and bike portions are hilly courses.**
- 4) Medical Personnel shall have ultimate authority to remove a participant from the race if that participant is judged to be physically incapable of continuing the race without risk of serious injury or death. Medical transport of any participant will result in automatic disqualification.
- 5) If a team withdraws from the race, it is mandatory that he/she notify KCCC Staff at the Information Tent.
- 6) Specific rules for the BIKE segment of the Duathlon are as follows:
 - a) Absolutely no drafting of another bike or any other vehicle is allowed. This is an individual endurance event. Teamwork that produces any advantage over single competitors is not allowed. A space of at least two bike lengths must be left between riders. Drafting will be defined as maintaining a static distance of less than two bike lengths between riders. You may enter the space of less than two bike lengths ONLY to pass a rider ahead. So long as you continue to overtake the rider ahead you shall not be deemed as drafting. If you cannot pass you must drop back. If you are passed, you must either proceed to overtake the rider ahead, or drop back to allow a distance of at least two bike lengths. Riding side by side in a crosswind is also considered to be drafting. There will be no warning. Course Marshals will be present to enforce this rule. **ANY INFRACTION OF THIS RULE WILL RESULT IN DISQUALIFICATION.** It is incumbent upon each contestant to immediately reject any attempt to draft or provide a drafting situation. **SLOWER CYCLISTS MUST STAY TO THE RIGHT SIDE OF THE ROAD.**
 - B) CPSC, ASTM, or SNELL approved helmets *are required, and must always be buckled* during the race. **Any participant seen riding without a bike helmet will be disqualified.**
 - C) No individual support allowed. No person shall drive or bike alongside contestants. Infraction of this "support" rule will result in disqualification of the contestant. **There are no water stations on the bike course. It is recommended that you have an on-bike water bottle in order to hydrate yourself on the bike course.**
 - D) Each participant will be individually responsible for the repair and maintenance of their own bike. Each cyclist must be prepared to handle any possible mechanical malfunction.
 - E) Cyclists are expected to heed directions and instructions of all race officials and public authorities. **SLOWER CYCLISTS MUST STAY TO THE RIGHT SIDE OF THE ROAD.**
 - F) Participants may walk their bikes if necessary.
 - G) Cyclists are individually responsible for following traffic laws and are solely responsible for the consequences of any infractions.
 - H) No headphones are allowed.

SCORING THE TEAM DUATHLON MEET

- The Team Duathlon will be held as a single “Meet” and will be scored by division.
- The top eight finishers in each division in the Team Duathlon will be awarded points toward your company’s Duathlon “Meet Points” as follows:

Place	Points
1 st	20
2 nd	16
3 rd	12
4 th	10
5 th	8
6 th	6
7 th	4
8 th	2

- Additional points will be awarded to the top fifteen teams *overall* (not by division). These points will also go toward your company’s Duathlon “Meet Points” as follows:

Place	Points
1 st	30
2 nd	28
3 rd	26
4 th	24
5 th	22

Place	Points
6 th	20
7 th	18
8 th	16
9 th	14
10 th	12

Place	Points
11 th	10
12 th	8
13 th	6
14 th	4
15 th	2

- After “Meet Points” are accumulated from all finishers in the Duathlon Meets, company winners will be determined and points will be awarded, by division, to your *overall* KCCC total, as follows:

Place	Points
1 st	40
2 nd	34
3 rd	28
4 th	24

Place	Points
5 th	20
6 th	16
7 th	12
8 th	10

Place	Points
9 th	8
10 th	6
11 th	4
12 th	2

**For more information regarding the Duathlon & Team Duathlon,
contact Katy Renner at 913.826.2964 / Kathryn.Renner@jocogov.org**