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# 2021 KANSAS CITY CORPORATE CHALLENGE

## SHOT PUT

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**DATES / TIMES:** Tuesday, June 15<sup>th</sup>, 2021

Men Divisions A & D – 4:45-6:30 p.m. (Check-in Deadline 6:15 p.m.)

Men Divisions B & C – 6:30-8:15 p.m. (Check-in Deadline 8:00 p.m.)

**Wednesday, June 16<sup>th</sup>, 2021**

Women Divisions A & D – 4:45-6:30 p.m. (Check-in Deadline 6:15 p.m.)

Women Divisions B & C – 6:30-8:15 p.m. (Check-in Deadline 8:00 p.m.)

**LOCATION:** Shawnee Mission North High School

7401 Johnson Dr.

Overland Park, Kansas 66202



**KCCC is taking several steps to enhance the health and safety of the event for participants, volunteers, and staff:**

- **Masks:** all athletes, volunteers, and staff will be required to wear masks at all times during event, unless facility guidelines specify otherwise.
- **Physical Distancing:** maintain at least a 6-foot distance between each other.
- **Cleaning and Disinfecting:** extra handwashing and hand sanitizer stations will be available at the event.
- **Facility Guidelines:** KCCC events will adhere to all safety protocols required at each of our host facilities.
- **Spectators:** To adhere to all facility capacity limits, maintain proper social distancing, and limit contact tracing, NO spectators will be allowed at the event.
- If anyone is experiencing symptoms consistent with COVID-19, they will abstain from the event (including but not limited to: fever, chills, cough, sore throat, and shortness of breath).

- Each company is allowed to enter a total of two men and two women in the Shot Put competition. Entrants will be placed in the appropriate age group for competition by KCCC staff at time of check in.
- Check-in for Shot Put will take place at the Shot Put Area on the Northwest corner of the facility.
- Participants will compete in the following age groups; 19-29, 30-39, 40-49, 50+.
- Women will throw an 8-pound shot. Men will throw a 12-pound shot. Participants are ONLY allowed to use the shots provided by KCCC and will use the SAME shot for all their throws.
  - Shots will be cleaned between participants.
    - Once a participant has completed all their throws, they will drop their ball in a bucket containing a sanitizing solution.
    - Volunteers will rinse and dry the shots between participants.

- The flight system for throwing will be used. Each participant will be allowed 3 throws. A throw is scored where it hits.
  - If the shot lands outside of the ring all three times, the participant will receive a DQ and will not receive a participation point or be eligible for points/awards.
- Participants will be placed in groups of 8-10 to throw in a flight. Each flight will have the option of one warm-up throw per person followed by 3 competition throws, cafeteria style. After each competition
- throw, participants will go to the end of the line (within their flight). If you leave after check-in, your spot in line will be lost and you must return to the end of the line for the next available flight.
- If the time frame ends before all 3 throws have been taken, only the previous throws will count.
- 'No taping on any part of hand or fingers is allowed unless there is an open wound that must be protected by tape. Tape on the wrist is OK
- The Shot Put competition will be scored as part of the KCCC Track & Field Meet.
- Please refer to the KCCC Point System for information on points for Shot Put (See the Track Meet Scoring Information).

**For more information regarding the Shot Put competition,  
contact Katy Renner at 913.826.2964 / [Kathryn.Renner@jocogov.org](mailto:Kathryn.Renner@jocogov.org)**