

2021 KCCC TRACK MEET

SHAWNEE MISSION NORTH HIGH SCHOOL
7401 JOHNSON DRIVE
OVERLAND PARK, KS 66202

Track Events		
Date	Event	Check-in Deadline
Tuesday, June 15	400 Meter Run - Women 70+, 60-69, 55-59,50-54	5:20 p.m.
	400 Meter Run - Women 45-49, 40-44	5:45 p.m.
	400 Meter Run - Women 35-39, 30-34	6:00 p.m.
	400 Meter Run - Women 25-29, 18-24	6:15 p.m.
	Distance Medley Relay (Div A, B, C, D)	6:25 p.m.
	400 Meter Run - Men 70+, 60-69, 55-59,50-54	6:45 p.m.
	400 Meter Run - Men 45-49, 40-44	7:00 p.m.
	400 Meter Run - Men 35-39, 30-34	7:10 p.m.
Wednesday, June 16	400 Meter Run - Men 25-29, 18-24	7:30 p.m.
	100 Meter Run - Women 70+, 60-69, 55-59,50-54	5:20 p.m.
	100 Meter Run - Women 45-49, 40-44	5:35 p.m.
	100 Meter Run - Women 35-39, 30-34	5:50 p.m.
	100 Meter Run - Women 25-29, 18-24	6:05 p.m.
	Sprint Medley Relay (Div A, B, C, D)	6:15 p.m.
	100 Meter Run - Men 70+, 60-69, 55-59,50-54	6:30 p.m.
	100 Meter Run - Men 45-49, 40-44	6:45 p.m.
	100 Meter Run - Men 35-39, 30-34	7:00 p.m.
	100 Meter Run - Men 25-29, 18-24	7:15 p.m.
4x400 Meter Relay (Div A, B, C, D)	7:25 p.m.	

Entrants must check-in at the East Grand Stand and will be placed in heats on-site.

Anyone not checked-in by their designated check-in time will not be able to compete.

Participants may check-in other company competitors for events to ensure all check-in deadlines are met!!

KCCC RESERVES THE RIGHT TO BEGIN EVENTS ANYTIME AFTER CHECK-IN DEADLINE.

Start times vary and will be announced over the PA System after each check-in deadline occurs.

Each runner must report to the infield when his/her event is announced.

Shot Put & Long Jump			
Date	Event	Event Duration	Check-in Deadline
Tuesday, June 15	Shot Put - Men Divisions A & D	4:45 p.m. - 6:30 p.m.	6:15 p.m.
	Shot Put - Men Divisions B & C	6:30 p.m. - 8:15 p.m.	8:00 p.m.
	Long Jump - Women	5:30 p.m. - 8:30 p.m.	8:15 p.m.
Wednesday, June 16	Shot Put - Women Divisions A & D	4:45 p.m. - 6:30 p.m.	6:15 p.m.
	Shot Put - Women Divisions B & C	6:30 p.m. - 8:15 p.m.	8:00 p.m.
	Long Jump - Men	5:30 p.m. - 8:30 p.m.	8:15 p.m.

Shot Put & Long Jump Check-in will be at the Shot Put Area and Long Jump Pits.

Anyone not checked-in by their designated check-in time will not be able to compete.