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# 2022 KANSAS CITY CORPORATE CHALLENGE

## 5K

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**RACE DATE / TIME:** Saturday, April 30<sup>th</sup>, 2022, 7:30AM

**RACE START / FINISH LOCATION:** Burns & McDonnell

9300 Ward Parkway  
Kansas City, MO 64114

**PACKET PICK-UP DATES / TIMES:** Thursday, April 28, 2022 (11:00a.m. – 6:30p.m.)

Antioch Park Bldg. A  
6518 Antioch Road  
Merriam, KS 66202

**Friday, April 29, 2022 (11:00a.m. – 2:00p.m.)**

Antioch Park Bldg. A  
6518 Antioch Road  
Merriam, KS 66202



KCCC is taking several steps to enhance the health and safety of the event for participants, volunteers, and staff. Additionally, if anyone is experiencing symptoms consistent with COVID-19, they will abstain from the event (including but not limited to: fever, chills, cough, sore throat, and shortness of breath).

- **Cleaning and Disinfecting:** extra handwashing and hand sanitizer stations will be available at the event.
- **Facility Guidelines:** KCCC events will adhere to all safety protocols required at each of our host facilities.

- Each company can enter two male and two female participants in each of the following age categories: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 & 70+.
- Entrants will be placed in the appropriate 5-year age group **according to their age as of December 31, 2022** and scored in the following age groups: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, and 65-69, 70+.
- Participants will register onsite at packet pickup. No late entries will be accepted.
- Packets will include participant bib, safety pins, and timing chip. Bibs must be pinned on the front of the shirt or shorts during the race. The bib # must be visible when the participant crosses the finish line. The chip (tied to the shoelaces) must be turned in at the finish line after the event.
- NO CHIP = NO TIME
- The 5K distance is equivalent to 3.1 miles.
- A map of the 5K course is available on the KCCC website ([www.kccorporatechallenge.com](http://www.kccorporatechallenge.com)).
- Runners will line-up in waves based on their estimated finish time. Waves will go off approximately every minute until all the runners are on the course. Signs will be placed throughout the starting line

and announcements will be made concerning how to line-up. Since chip timing will be used, regardless of which wave you start in, your time will begin when you cross the starting line.

- No headphones, pets, baby strollers or joggers, roller blades, scooters, or bicycles are allowed on the course. These rules will be enforced via disqualification.
- For liability reasons, only registered KCCC participants will be allowed on the course. Meaning, there are NO pets, baby strollers, baby carriers, children or other pedestrians of any kind allowed on the course.
- No outside competitors, for “pacing” purposes, are allowed on the course. All participants on the course must be wearing the race/bib number provided at check-in. Participants may walk if necessary. Walkers should start at the back of the “pack”.
- All participants must finish without assistance to receive points or medals.
- The Race Committee reserves the right to delay the start of a race or change the racecourse if conditions warrant such a change.
- In the event of inclement weather, please use the KCCC rain-out number 913-686-6030 ext.15 or check the KCCC website ([www.kccorporatechallenge.com](http://www.kccorporatechallenge.com)).
- Finishers **will not** be eligible for places, points, or medals after 75 minutes.
- ALL times and winners will be determined according to their Chip Time. Results will be finalized and posted no later than Wednesday, May 4<sup>th</sup>.
- The 5K will be scored as a meet, please see below for 5K Meet scoring information.

## SCORING THE 5K MEET

The 5K will be held as a “meet”. Individuals will compete within their age group against competitors from all divisions, but results will be scored by division.

- The top eight finishers in each age group, by division, in the 5K will be awarded points toward your company’s 5K “Meet Points” as follows:

Place	Points
1 <sup>st</sup>	10
2 <sup>nd</sup>	8
3 <sup>rd</sup>	6
4 <sup>th</sup>	5

Place	Points
5 <sup>th</sup>	4
6 <sup>th</sup>	3
7 <sup>th</sup>	2
8 <sup>th</sup>	1

- After “Meet Points” are accumulated from all finishers in the 5K, company winners will be determined and points will be awarded, by division, to your *overall* KCCC total, as follows:

Place	Points
1 <sup>st</sup>	40
2 <sup>nd</sup>	34
3 <sup>rd</sup>	28
4 <sup>th</sup>	24

Place	Points
5 <sup>th</sup>	20
6 <sup>th</sup>	16
7 <sup>th</sup>	12
8 <sup>th</sup>	10

Place	Points
9 <sup>th</sup>	8
10 <sup>th</sup>	6
11 <sup>th</sup>	4
12 <sup>th</sup>	2

Medals and additional “medal points” will be awarded toward your *overall* KCCC Total for the top three finishers in each age group in the 5K. These medals and “medal points” will be awarded overall by age group, not by division. Medal points will be scored as follows:

Place	Points
1 <sup>st</sup>	3
2 <sup>nd</sup>	2
3 <sup>rd</sup>	1

- The KCCC will award a participation point to each competitor in the 5K who completes the event within the 75-minute time limit.

For more information regarding the 5K,  
contact Katy Renner at 913.826.2964 / [Kathryn.Renner@jocogov.org](mailto:Kathryn.Renner@jocogov.org)