



2023 KANSAS CITY CORPORATE CHALLENGE



TEAM DUATHLON RELAY & INDIVIDUAL SEGMENT CHALLENGE

RACE DATE / TIME:

Sunday, June 11th, 2023
Race starts at 7:00 a.m.
Parking Gate opens at 5:00 a.m.

RACE LOCATION:

Shawnee Mission Park
Race Day Parking at Theatre in the Park (enter off Renner Road)
7710 Renner Road
Shawnee, KS 66217

PACKET PICK-UP DATE /TIME:

Thursday, June 8th, 2023 (11:00a.m. - 6:30p.m.)
Mill Creek Activity Center
6518 Vista Drive
Shawnee, KS 66218



The Team Duathlon Relay & Individual Segment Challenge are endurance events; thus, training is highly important for the successful completion of this event.

- Each company may enter TWO Coed Teams consisting of either 2 men and 1 woman or 2 women and 1 man. Each team must consist of 3 unique individuals. If fielding 2 teams, 6 unique individuals are required.
- **THERE WILL BE NO RACE DAY CHECK-IN. ALL PARTICIPANTS MUST CHECK-IN AT ONE OF THE PACKET-PICK-UP DATES/TIMES LISTED ABOVE OR SEND SOMEONE TO CHECK-IN AND COLLECT YOUR PACKET FOR YOU.**
- Packets will include participant bibs, helmet stickers, bike tags, and safety pins. Bibs must be pinned on the front of the shirt or shorts of the runners during the race. The cyclist will use the helmet sticker and bike tag. The bib # must be visible when the participant crosses the finish line.
- Timing chip will be picked up on race morning near transition. Timing chips must be turned in at the finish line.
 - NO CHIP = NO TIME
- A Pre-Race Athlete Briefing for all participants will be available on the KCCC website and will be emailed to company coordinators. It is advantageous for all participants to watch this briefing prior to event day.

- The Team Duathlon Relay consists of a run-bike-run race with a different person completing each segment of the event in a relay format.
- A map of the Team Duathlon Relay Racecourse is posted on the KCCC website. (www.kccorporatechallenge.com).
- The Team Duathlon Relay and Individual Segment Challenge will be held as a single “meet” and will be scored by division.
- All Team Duathlon Relays will compete against those teams in their division. The Individual Segment Challenge will not be scored by division, only gender and age group.
 - First 5K runners will compete against all other first 5K runners for the best time in their gender and age group. Cyclists will compete against all other cyclists for the best time in their gender and age group. Second 5K runners will compete against all other second 5K runners for the best time in their gender and age group.
- KCCC medals will be awarded to the top 3 Team Duathlon Relays per division. Medal points will be awarded to your overall KCCC Total for the top 3 Team Duathlon Relays per division. No medals or medal points will be awarded for the Individual Segment Challenge.
- To ensure the safety of athletes and their belongings, the transition area will close at 6:50am and will reopen at approximately 8:45am. Athletes will NOT be allowed to remove their bikes from transition until this time. The reopen time is subject to change and will be announced on site. All athletes must have their items checked by KCCC staff/volunteers when exiting transition at the conclusion of the race.
- The maximum time allowed for the Team Duathlon Relay is three (3) hours. Finishers will not be eligible for places, points (including participation points), or medals after the 3-hour time limit.
- Results will be finalized by the Wednesday following the event. Please reserve all results questions until after this time. Any questions regarding timing or scoring should be directed to the KCCC office.
- **RULES APPLYING TO THE RACE:**
 - 1) The event will begin at 7:00 a.m. Gates to get into the Theatre in the Park to park your car will open at 5:00 a.m. We recommend that participants arrive by 6:00 a.m. **All athletes will be marked as they enter transition on race morning prior to racking their bikes. Please be prepared to give your race number to volunteers working body marking.** Because Shawnee Mission Park is closed to all traffic to ensure a safe event, **parking on race day will be at The Theatre in the Park parking lot.** It is approximately ½ - ¾ miles from this parking lot to the transition area where the race will begin, so participants should arrive early enough to be ready for the 7:00 a.m. start.
 - 2) Team Duathletes will be identified by the following markings: biker will be issued a helmet sticker, bike post sticker and race number body marking on both arms, runners will be issued a bib number to be pinned on the *front* of the shirt or shorts along with race number body marking on both arms. Race number identification materials must be worn throughout the event to identify the official contestants in the race.
 - 3) **The distances will be a 3.1-mile run, a 13.5-mile bike, and a 3.1-mile run.** The race begins on the park road near the check-in tent. The run segments will take place on the park road and

the Streamway trail system; the bike segment will consist of three laps around the park on the main park road. **Both the run and bike portions are hilly courses.**

- 4) Medical Personnel shall have ultimate authority to remove a participant from the race if that participant is judged to be physically incapable of continuing the race without risk of serious injury or death. Medical transport of any participant will result in automatic disqualification.
- 5) If a team withdraws from the race, it is mandatory that they notify KCCC Staff at the Information Tent.
- 6) Specific rules for the BIKE segment of the Team Duathlon Relay are as follows:
 - A. Absolutely no drafting of another bike or any other vehicle is allowed. This is an endurance event. Teamwork that produces any advantage over single competitors is not allowed. A space of at least two bike lengths must be left between riders. Drafting will be defined as maintaining a static distance of less than two bike lengths between riders. You may enter the space of less than two bike lengths ONLY to pass a rider ahead. So long as you continue to overtake the rider ahead you shall not be deemed as drafting. If you cannot pass you must drop back. If you are passed, you must either proceed to overtake the rider ahead, or drop back to allow a distance of at least two bike lengths. Riding side by side in a crosswind is also considered to be drafting. There will be no warning. Course Marshals will be present to enforce this rule. **ANY INFRACTION OF THIS RULE WILL RESULT IN DISQUALIFICATION.** It is incumbent upon each contestant to immediately reject any attempt to draft or provide a drafting situation. **SLOWER CYCLISTS MUST STAY TO THE RIGHT SIDE OF THE ROAD.**
 - B. CPSC, ASTM, or SNELL approved helmets *are required, and must always be buckled* during the race. **Any participant seen riding without a bike helmet will be disqualified.**
 - C. No individual support allowed. No person shall drive or bike alongside contestants. Infraction of this “support” rule will result in disqualification of the contestant. **There are no water stations on the bike course. It is recommended that you have an on-bike water bottle to hydrate yourself on the bike course.**
 - D. Each participant will be individually responsible for the repair and maintenance of their own bike. Each cyclist must be prepared to handle any possible mechanical malfunction.
 - E. Cyclists are expected to heed directions and instructions of all race officials and public authorities. **SLOWER CYCLISTS MUST STAY TO THE RIGHT SIDE OF THE ROAD.**
 - F. Participants may walk their bikes if necessary.
 - G. Cyclists are individually responsible for following traffic laws and are solely responsible for the consequences of any infractions.
 - H. No headphones are allowed.

SCORING THE TEAM DUATHLON & INDIVIDUAL SEGMENT CHALLENGE

- The Team Duathlon & Individual Segment Challenge will be held as a single “Meet” and will be scored by division.

- The top eight finishers in each division in the Team Duathlon Relay will be awarded points toward your company's Team Duathlon Relay "Meet Points" as follows:

Place	Points
1 st	20
2 nd	16
3 rd	12
4 th	10
5 th	8
6 th	6
7 th	4
8 th	2

- The top eight finishers in each gender and age group (19-29, 30-39, 40-49, 50-59, 60+), in the Individual Segment Challenge (first 5K, bike, second 5K) will be awarded points toward your company's Team Duathlon Relay "Meet Points" as follows:

Place	Points
1 st	10
2 nd	8
3 rd	6
4 th	5
5 th	4
6 th	3
7 th	2
8 th	1

- After "Meet Points" are accumulated from all finishers in the Team Duathlon Relay Meet, company winners will be determined and points will be awarded, by division, to your *overall* KCCC total, as follows:

Place	Points
1 st	40
2 nd	34
3 rd	28
4 th	24

Place	Points
5 th	20
6 th	16
7 th	12
8 th	10

Place	Points
9 th	8
10 th	6
11 th	4
12 th	2

- Medals and additional "Medal Points" will be awarded toward your *overall* KCCC Total for the top three finishers in the Team Duathlon Relay per division. These medals and "medal points" will be awarded by division. Medal points will be scored as follows:

Place	Points
1 st	3
2 nd	2
3 rd	1

- KCCC will award participation points for all competitors. Team Duathlon Relay teams will be awarded 3 participation points each, 1 per each participant. If you field 2 teams, you will receive 6 participation points.

- *For the health and safety of all KCCC participants, staff, and volunteers, we ask anyone experiencing symptoms of illness to abstain from the event.*

THIS INFORMATION IS SUBJECT TO ANY RULE INTERPRETATION CHANGES

**WHICH MAY OCCUR BETWEEN NOW AND THE
2023 KANSAS CITY CORPORATE CHALLENGE.**

For more information regarding the Team Duathlon,
contact Katy Renner at 913.826.2964 / Kathryn.Renner@jocogov.org