



2023 KANSAS CITY CORPORATE CHALLENGE

TRACK MEET



DATES / TIMES: Monday-Thursday, June 5th - 8th, 2023

Events begin at 5:20 p.m. More specific event times will be available on the KCCC website on Friday, March 24th by 5:00 p.m.

www.kccorporatechallenge.com

LOCATION: Shawnee Mission North High School

7401 Johnson Dr.

Overland Park, Kansas 66202

- Each company may enter two male and two female participants in the individual track events in each of the following age groups: 19-29, 30-39, 40-49, 50-59, 60-69, and 70+
- Entrants in the individual events will be placed in the appropriate 5-year age group **according to their age as of December 31, 2023**, and scored in the following age groups: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+.
- Substitutes for individual events must be in the same 10-year age group as the original entrant (19-29, 30-39, 40-49, 50-59, 60-69, 70+), but will be scored in their actual 5-year age group.
- The individual track events are as follows:
 - ✓ **100M**
 - ✓ **400M**
 - ✓ **MILE**
- The track relay events are as follows:
 - ✓ **4x400M RELAY** – Each competitor runs 400M.
 - ✓ **SPRINT MEDLEY RELAY** – Each competitor runs one of the following distances, in this sequence: 100M, 100M, 200M, and 400M.
 - ✓ **DISTANCE MEDLEY RELAY** – Each competitor runs one of the following distances, in this sequence: 800M, 400M, 400M, and 1200M.
- Each company may enter one four-person coed team in each of the three Relay Events.
Teams must consist of two men and two women.
- All relays are competition by Division.
- Regulation batons will be provided for relay events, or you may use your own.
- All relay team members must wear the same color of jersey/shirt as their teammates during relay competition.
- One false start will be allowed in a heat without disqualification. After one false start, any entrant in the same heat who false starts will be disqualified.
- Heats for the 100- & 400-meter runs will be determined by the runner's times submitted at check-in. Last year's times can be found on the KCCC website (www.kccorporatechallenge.com). When no

seed times are submitted, entrants will be placed at random into heats. In the Mile Run, heats will be assigned by age groups. KCCC reserves the right to combine age groups if needed.

- Spikes are allowed but are not to exceed ¼” in length.
- Starting blocks will be provided and are optional for use.
- All events will be organized using the bullpen method.
- No pacing allowed.
- No headphones allowed.
- An event can start any time after the check-in deadline.
- For events that are divided into age categories, the participant must compete in the category determined by his/her age on December 31, 2023.
- Current USATF Competition Rules will be followed and enforced. (www.usatf.org)
- To adhere to a schedule that allows all age groups and participants to finish in a running motion, walking any event will result in a disqualification and no participation point will be awarded. KCCC staff will monitor this during the event.
- In the event of bad weather, please use the KCCC rain-out number 913-686-6030x15 or check the KCCC website (www.kccorporatechallenge.com).
- **Check-in deadlines for Track Events will be listed on the KCCC website on Friday, March 24th by 5:00 p.m. in the “Event Information” section under “Schedules.”**

SCORING THE TRACK MEET

- Track & Field will be held as a “Meet”. Individuals will compete within their age group against competitors from all divisions, but results will be scored by Division.
- The top eight finishers (by division) *for individual track events, Long Jump and Shot Put* within the Track & Field Meet will be awarded points toward your company’s Track & Field “Meet Points” as follows:

Place	Points
1 st	10
2 nd	8
3 rd	6
4 th	5

Place	Points
5 th	4
6 th	3
7 th	2
8 th	1

- Medals will be awarded to the top three finishers and bonus points will be added to your Track & Field “Meet Points” for the top eight individual finishers in each event, overall, by age group, not by division. Again, these bonus points go toward your Track & Field “Meet Points”, not your overall KCCC total, and will be scored as follows:

Place	Points
1 st	10
2 nd	8
3 rd	6
4 th	5

Place	Points
5 th	4
6 th	3
7 th	2
8 th	1

- The top eight finishers (by division) *for relays* within the Track & Field Meet will be awarded points toward your company’s Track & Field “Meet Points” as follows:

Place	Points
1 st	20
2 nd	16
3 rd	12
4 th	10

Place	Points
5 th	8
6 th	6
7 th	4
8 th	2

- Bonus points will be awarded to the top eight Relay Teams *overall* (not by division) within the Track & Field Meet. These bonus points go toward your Track & Field “Meet Points”, not your overall KCCC total, and will be scored as follows:

Place	Points
1 st	20
2 nd	16
3 rd	12
4 th	10

Place	Points
5 th	8
6 th	6
7 th	4
8 th	2

- Based on your company's total "Track & Field Meet Points", points will then be awarded (by division) to your company's *overall* KCCC Total for Track & Field, as follows:

Place	Points
1 st	80
2 nd	70
3 rd	60
4 th	52

Place	Points
5 th	44
6 th	36
7 th	30
8 th	24

Place	Points
9 th	20
10 th	16
11 th	12
12 th	10

Place	Points
13 th	8
14 th	6
15 th	4
16 th	2

- The KCCC will award participation points for all competitors. To receive participation points, competitors must complete the event as designed (**track events may not be walked, they must be run; disqualifications of any kind will constitute non-participation**). Participants may receive a maximum of one participation point for all individual track events. However, they may receive additional points if they compete on relay teams. Relay teams will be awarded 4 participation points each.
- *For the health and safety of all KCCC participants, staff, and volunteers, we ask anyone experiencing symptoms of illness to abstain from the event.*

**THIS INFORMATION IS SUBJECT TO ANY RULE INTERPRETATION CHANGES
WHICH MAY OCCUR BETWEEN NOW AND THE
2023 KANSAS CITY CORPORATE CHALLENGE.**

For more information regarding the Track Meet,
contact Katy Renner at 913.826.2964 / Kathryn.Renner@jocogov.org