



2023 KANSAS CITY CORPORATE CHALLENGE

TUG-OF-WAR

**DATES / TIMES:**

Saturday, June 24, 2023
7:30 a.m. First Pulls

LOCATION:

Longview Lake Swim Beach
11101 Raytown Road
Kansas City, MO 64134
(1/4 mile south of Longview Marina entrance on Raytown Road)

- Event participation due to KCCC office June 20th by 5PM (for bracketing purposes).
- **Companies may enter one coed team into the event, maximum number of participants is 7 (with a minimum of two women).**
- **A 1200 pound weight limit, per team, will apply.**
- **Tug weigh-in will be eliminated. All participants must weigh-in in advance and send a notarized proxy form to the KCCC office before the event. Scanned and emailed is sufficient.**
- **Participant List sheet is available on the website. It must be completed between June 19th-June 23rd and sent to KCCC office by 10am on June 23rd.**
- **No event day substitutions (only competitors included on proxy weigh-in are allowed to pull)**
- In the event of bad weather, please use the KCCC rain-out number 913-686-6030x15 or check the KCCC website (www.kccorporatechallenge.com).
- The only articles of clothing that can be removed during weigh-in are shoes and shirts (women must wear sports bras if removing their shirt). Please have your participants wear shorts and t-shirts to the weigh-in to speed up the process.
- No spikes, cleats, etc. Tennis shoes, aqua socks, or bare feet only. An inspection of all team member shoes will take place before each pull. Those participants found to be wearing illegal shoes will not be allowed to compete. Gloves are allowed and recommended. Pets not allowed on beach.
- The Tug of War rope is 120' in length and 1 1/4" in width.
- Participants in the Tug may use feet or hands only to gain foothold, no tools. They will not be allowed extensive time to dig in and get set. There will be a one-minute time limit per tug. The winning team will pull another team two feet across the line. If no team has been pulled over the line at the end of the one-minute time limit, the tug will go to the team who has the advantage at that time.
- Please ask that your participants have an ID with them at all KCCC events. Participants who are asked and are not able to produce an ID at an Event will be forfeited from the event. Please see the KCCC Protest Policy for more information on protests and disqualifications.
- Please refer to the KCCC Point System for information on points for Tug of War.
- *For the health and safety of all KCCC participants, staff, and volunteers, we ask anyone experiencing symptoms of illness to abstain from the event.*

**THIS INFORMATION IS SUBJECT TO ANY RULE INTERPRETATION CHANGES
WHICH MAY OCCUR BETWEEN NOW AND THE
2023 KANSAS CITY CORPORATE CHALLENGE.**

**For more information regarding the Tug-of-War,
contact the KCCC Office at 913.831.2222 / kccorporatechallenge@gmail.com**