



2024 KANSAS CITY CORPORATE CHALLENGE

5K



RACE DATE / TIME: Saturday, May 4th, 2024, 7:00AM

RACE START / FINISH LOCATION: Burns & McDonnell
9300 Ward Parkway
Kansas City, MO 64114

PACKET PICK-UP DATES / TIMES: Thursday, May 2nd, 2024 (11:00a.m. – 6:00p.m.)
Location: Fleet Feet Ward Parkway
8600 Ward Parkway
Kansas City, MO 64114

Friday, May 3rd, 2024 (11:00a.m. – 2:00p.m.)
Location: Fleet Feet Ward Parkway
8600 Ward Parkway
Kansas City, MO 64114

- Each company can enter two male and two female participants in each of the following age categories: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 & 70+.
- Entrants will be placed in the appropriate 5-year age group **according to their age as of December 31, 2024** and scored in the following age groups: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, and 65-69, 70+.
- Participants will register onsite at **packet pickup**. No entries will be accepted outside of packet pickup.
- There will be no race day packet pickup/check-in.
- Packets will include participant bib which will have the timing tag applied to back of bib and safety pins to attach bib. Please do not bend or fold the bibs. Bibs must be pinned on the front of the shirt during the race. The bib # must be visible from the front when the participant crosses the finish line.
- NO BIB/TIMING TAG = NO TIME
- The 5K distance is equivalent to 3.1 miles.
- A map of the 5K course is available on the KCCC website (www.kccorporatechallenge.com).

- Runners will line-up in waves based on their estimated finish time. Waves will go off approximately every minute until all the runners are on the course. Signs will be placed throughout the starting line and announcements will be made concerning how to line-up. Your time will begin when you cross the starting line.
- Athletes will be allowed to push a child in a stroller/jogger.
 - All children in strollers/joggers must have a signed participation waiver on file which is to be completed at packet pickup. Upon completion of the waiver, participant will be given wristbands which must be worn by the participant AND the child in the stroller on race day.
 - All athletes pushing strollers/joggers will start at the back of the pack in the “Stroller Wave”
 - **Any athlete pushing a stroller/jogger that does not start in this wave will automatically be disqualified.**
 - **Any athlete pushing a stroller/jogger that does not have a KCCC wristband on the child in the stroller/jogger and on themselves will automatically be disqualified. If you lose your wristbands, please visit the KCCC information tent before the start of the race.**
- KCCC will allow additional athletes beyond the “normal” allotment per age group. These athletes will need to register via the RunSignup website provided to Company Coordinators and must be part of a current KCCC team with a signed 2024 KCCC waiver on file. Athletes participating in this category are NOT eligible for KCCC points. A registration fee will be assessed at time of registration on the RunSignup website.
- Current KCCC participants may register their child to run the 5K by using the RunSignup website provided to Company Coordinators. Children under the age of 12 running the 5K must do so with an adult that is also registered. Registration fees for children will apply.
- No pets, unregistered baby strollers or joggers, roller blades, scooters, or bicycles are allowed on the course. These rules will be enforced via disqualification.
- For liability reasons, only registered KCCC participants and those that have registered via RunSignup will be allowed on the course.
- No outside competitors, for “pacing” purposes, are allowed on the course. All participants on the course must be wearing the race/bib number provided at check-in. Participants may walk if necessary. Walkers should start at the back of the “pack”.
- All participants must finish without assistance to receive points or medals.
- The Race Committee reserves the right to delay the start of a race or change the racecourse if conditions warrant such a change.
- In the event of inclement weather, please use the KCCC rain-out number 913-686-6030 ext.15 or check the KCCC website (www.kccorporatechallenge.com).
- Finishers will not be eligible for places, points, or medals after 75 minutes.
- ALL times and winners will be determined according to their Chip Time. Results will be finalized and posted no later than the Wednesday following the race.
- All questions concerning times must be sent to the KCCC office.

The 5K will be scored as a meet, please see below for 5K Meet scoring information.

SCORING THE 5K MEET

The 5K will be held as a “meet”. Individuals will compete within their age group against competitors from all divisions, but results will be scored by division.

- The top eight finishers in each age group, by division, in the 5K will be awarded points toward your company’s 5K “Meet Points” as follows:

Place	Points
1 st	10
2 nd	8
3 rd	6
4 th	5

Place	Points
5 th	4
6 th	3
7 th	2
8 th	1

After “Meet Points” are accumulated from all finishers in the 5K, company winners will be determined and points will be awarded, by division, to your *overall* KCCC total, as follows:

Place	Points
1 st	40
2 nd	34
3 rd	28
4 th	24

Place	Points
5 th	20
6 th	16
7 th	12
8 th	10

Place	Points
9 th	8
10 th	6
11 th	4
12 th	2

Medals and additional “medal points” will be awarded toward your *overall* KCCC Total for the top three finishers in each age group in the 5K. These medals and “medal points” will be awarded overall by age group, not by division. Medal points will be scored as follows:

Place	Points
1 st	3
2 nd	2
3 rd	1

- The KCCC will award a participation point to each competitor in the 5K who completes the event within the 75-minute time limit.
- *For the health and safety of all KCCC participants, staff, and volunteers, we ask anyone experiencing symptoms of illness to abstain from the event.*

THIS INFORMATION IS SUBJECT TO ANY RULE INTERPRETATION CHANGES WHICH MAY OCCUR BETWEEN NOW AND THE 2024 KANSAS CITY CORPORATE CHALLENGE.

For more information regarding the 5K,
contact Katy Renner at 913.826.2964 / Kathryn.Renner@jocogov.org