

2026 KCCC SWIM MEET

Gladstone Community Center
6901 North Holmes
Gladstone, MO 64118

Pool warm-ups will be 5:00-5:30pm each night.
Multiple warm-up lanes are available each night
at the north end of the pool.



Entrants must check-in at the lobby room and then will be placed in heats on-site.

KCCC RESERVES THE RIGHT TO BEGIN AN EVENT ANYTIME AFTER THAT EVENT'S CHECK-IN DEADLINE

<u>Date</u>	<u>Event</u>	<u>Check-In Deadline</u>
Monday, June 15th	50 Yard Backstroke - Women 70+, 60-69, 50-59	5:35 PM
	50 Yard Backstroke - Women 40-49	5:35 PM
	50 Yard Backstroke - Women 30-39	5:45 PM
	50 Yard Backstroke - Women 18-29	5:45 PM
	50 Yard Freestyle - Women 70+, 60-69, 50-59	6:10 PM
	50 Yard Freestyle - Women 40-49	6:10 PM
	50 Yard Freestyle - Women 30-39	6:25 PM
	50 Yard Freestyle - Women 18-29	6:25 PM
	200 Yard Coed Freestyle Relay - Div. H-A	6:45 PM
	50 Yard Backstroke - Men 70+, 60-69, 50-59	7:15 PM
	50 Yard Backstroke - Men 40-49	7:15 PM
	50 Yard Backstroke - Men 30-39	7:30 PM
	50 Yard Backstroke - Men 18-29	7:30 PM
	50 Yard Freestyle - Men 70+, 60-69, 50-59	7:45 PM
	50 Yard Freestyle - Men 40-49	7:45 PM
	50 Yard Freestyle - Men 30-39	8:00 PM
50 Yard Freestyle - Men 18-29	8:00 PM	
Wednesday, June 17th	100 Yard Freestyle - Men 70+, 60-69, 50-59	5:35 PM
	100 Yard Freestyle - Men 40-49	5:35 PM
	100 Yard Freestyle - Men 30-39	5:55 PM
	100 Yard Freestyle - Men 18-29	5:55 PM
	100 Yard IM - Men 70+, 60-69, 50-59	6:15 PM
	100 Yard IM - Men 40-49	6:15 PM
	100 Yard IM - Men 30-39	6:40 PM
	100 Yard IM - Men 18-29	6:40 PM
	100 Yard Freestyle - Women 70+, 60-69, 50-59	7:00 PM
	100 Yard Freestyle - Women 40-49	7:00 PM
	100 Yard Freestyle - Women 30-39	7:20 PM
	100 Yard Freestyle - Women 18-29	7:20 PM
	100 Yard IM - Women 70+, 60-69, 50-59	7:40 PM
	100 Yard IM - Women 40-49	7:40 PM
	100 Yard IM - Women 30-39	7:55 PM
	100 Yard IM - Women 18-29	7:55 PM
Thursday, June 18th	50 Yard Breaststroke - Men 70+, 60-69, 50-59	5:35 PM
	50 Yard Breaststroke - Men 40-49	5:35 PM
	50 Yard Breaststroke - Men 30-39	5:50 PM
	50 Yard Breaststroke - Men 18-29	5:50 PM
	50 Yard Butterfly - Men 70+, 60-69, 50-59	6:00 PM
	50 Yard Butterfly - Men 40-49	6:00 PM
	50 Yard Butterfly - Men 30-39	6:10 PM
	50 Yard Butterfly - Men 18-29	6:10 PM
	200 Yard Coed Medley Relay - Div. H-A	6:20 PM
	50 Yard Breaststroke - Women 70+, 60-69, 50-59	6:50 PM
	50 Yard Breaststroke - Women 40-49	6:50 PM
	50 Yard Breaststroke - Women 30-39	7:05 PM
	50 Yard Breaststroke - Women 18-29	7:05 PM
	50 Yard Butterfly - Women 70+, 60-69, 50-59	7:15 PM
	50 Yard Butterfly - Women 40-49	7:15 PM
	50 Yard Butterfly - Women 30-39	7:25 PM
50 Yard Butterfly - Women 18-29	7:25 PM	

Anyone not checked-in by their designated check-in time will NOT be able to compete.

Participants may check-in other company competitors for that night's events to ensure all check-in deadlines are met.

Actual start times may vary depending on the number of swimmers. Each swimmer must be aware when his/her event starts and report to the starting blocks when his/her event is announced.