



TEAM WEIGHTLIFTING

Saturday, April 4, 2026

Strong Barbell Club
4209 Merriam Drive, Shawnee, KS 66203



All Team Members Must Check-In before Deadline Time

<u>Division</u>	<u>Check-In Deadline</u>	<u>Warm-Up Time</u>	<u>Official Meeting</u>	<u>Lift</u>
A	<u>11:15 AM</u>	<u>11:15 AM-11:45 AM</u>	<u>11:45 AM</u>	<u>12:00 PM</u>
B	<u>3:45 PM</u>	<u>3:45 PM-4:15 PM</u>	<u>4:15 PM</u>	<u>4:30 PM</u>
C	<u>2:15 PM</u>	<u>2:15 PM-2:45 PM</u>	<u>2:45 PM</u>	<u>3:00 PM</u>
D	<u>12:45 PM</u>	<u>12:45 PM-1:15 PM</u>	<u>1:15 PM</u>	<u>1:30 PM</u>
E	<u>12:45 PM</u>	<u>12:45 PM-1:15 PM</u>	<u>1:15 PM</u>	<u>1:30 PM</u>
F	<u>11:15 AM</u>	<u>11:15 AM-11:45 AM</u>	<u>11:45 AM</u>	<u>12:00 PM</u>
G	<u>2:15 PM</u>	<u>2:15 PM-2:45 PM</u>	<u>2:45 PM</u>	<u>3:00 PM</u>
H	<u>3:45 PM</u>	<u>3:45 PM-4:15 PM</u>	<u>4:15 PM</u>	<u>4:30 PM</u>

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Only teams listed below elected to participate in competition.
If your company is not listed below, you are not eligible to participate!

Weightlifting Participating Companies

Division A

Black & Veatch
Burns & McDonnell
Children's Mercy
KCMO
Commerce Bank
Garmin
JoCo Government
Kansas City National Security Campus
Kansas City VA Hospital
Kiewit
T-Mobile
UMB

Division C

AMC Theatres
Americo Life
Bayer
BlueScope Buildings
CPKC
Edward Jones
Empower
GEHA
HNTB Corporation
Henderson Engineers, Inc.
NAIC & NIPR
PNC Bank
Sioux Chief Manufacturing Inc.
Stowers Institute for Medical Research
TVH Parts
WellSky

Division B

American Century Investments
Associated Wholesale Grocers
Creative Planning
Custom Truck One Source
DH Pace
Federal Reserve Bank of Kansas City
FTI - Faith Technologies, Inc.
H&R Block
Hallmark Cards
JE Dunn Construction
Netsmart
Panasonic Energy
SelectQuote Insurance Services

Division D

Deloitte LLP
Engineered Air
Helzberg
Huhtamaki
JCPRD
Kansas City Life Insurance Company
McCownGordon Construction
nbkc bank
Populous
Shawnee
Swiss Re
Travelers
TreviPay
U.S. Army Corps of Engineers
Veterans United Home Loans
Waterone

Division E

Automatic Systems Inc.
Cboe Global Markets
Design Resources, Inc
Dimensional Innovations
Forvis Mazars
HDR
Kansas City Chiefs Football Club
MRIGlobal
Mars Petcare
MilliporeSigma
Pembroke Hill School
QTS Data Centers
Russell Stover Chocolates
Security Benefit
U.S. Engineering
WSP + POWER Engineers
Zurich Insurance Group

Division G

Ad Astra
Athletico Physical Therapy
ELANCO
Engineering Outlaws
GFT
Grundfos
Intrepid Direct Insurance
KCTV5
New York Life Insurance Co
Optiv Security
Paylt
SparkChange
Springline Advisory
Thornton Tomasetti & ME Engineers
Trane Kansas City
Walz Tetrick Advertising

Division F

BRR Architecture, Inc.
Continental Disc Corporation
DiPasquale Moore
Garver
IPFS
KC Power Pack
KU Endowment
Labconco Corp
Propio
Rally House
Ruskin Company
Southwind
Spotlight Analyst Relations
Sunflower Medical Group

Division H

Benesch
CDM Smith
Caliber Financial Services
Capgemini
Copaken Brooks
F.I.T Muscle & Joint Clinic
KC Underdogs
NSPJ+Imprint
Newkirk Novak Construction Partners
Quanta Infrastructure Solutions Group (QISG)
Schutte Lumber Company
Sosland Companies
Valorem Reply