

## 2021 KCCC SWIM MEET

Gladstone Community Center  
6901 North Holmes  
Gladstone, MO 64118

Pool warm-ups will be 5:00-5:30pm each night. Multiple warm-up lanes are available each night at the north end of the pool.

Entrants must check-in at the lobby room and then will be placed in heats on-site.

KCCC RESERVES THE RIGHT TO BEGIN AN EVENT ANYTIME AFTER THAT EVENT'S CHECK-IN DEADLINE.

Date	Event	Check-in Deadline	
Tuesday, June 22	50 Yard Breaststroke - Men 65+, 60-64, 55-59, 50-54	5:35pm	
	50 Yard Breaststroke - Men 45-49, 40-44	5:35pm	
	50 Yard Breaststroke - Men 35-39, 30-34	5:35pm	
	50 Yard Breaststroke - Men 25-29, 18-24	5:35pm	
	50 Yard Butterfly - Men 65+, 60-64, 55-59, 50-54	6:00pm	
	50 Yard Butterfly - Men 45-49, 40-44	6:00pm	
	50 Yard Butterfly - Men 35-39, 30-34	6:00pm	
	50 Yard Butterfly - Men 25-29, 18-24	6:00pm	
	200 Yard Coed Medley Relay (Div A,B,C,D)	6:15pm	
	BREAK		
	50 Yard Breaststroke - Women 65+, 60-64, 55-59, 50-54	7:00pm	
	50 Yard Breaststroke - Women 45-49, 40-44	7:00pm	
	50 Yard Breaststroke - Women 35-39, 30-34	7:00pm	
	50 Yard Breaststroke - Women 25-29, 18-24	7:00pm	
	50 Yard Butterfly - Women 65+, 60-64, 55-59, 50-54	7:25pm	
	50 Yard Butterfly - Women 45-49, 40-44	7:25pm	
	50 Yard Butterfly - Women 35-39, 30-34	7:25pm	
	50 Yard Butterfly - Women 25-29, 18-24	7:25pm	
	Wednesday, June 23	50 Yard Backstroke - Women 65+, 60-64, 55-59, 50-54	5:35pm
		50 Yard Backstroke - Women 45-49, 40-44	5:35pm
50 Yard Backstroke - Women 35-39, 30-34		5:35pm	
50 Yard Backstroke - Women 25-29, 18-24		5:35pm	
50 Yard Freestyle - Women 65+, 60-64, 55-59, 50-54		6:10pm	
50 Yard Freestyle - Women 45-49, 40-44		6:10pm	
50 Yard Freestyle - Women 35-39, 30-34		6:10pm	
50 Yard Freestyle - Women 25-29, 18-24		6:10pm	
200 Yard Coed Frstyle Relay (Div A,B,C,D)		6:35pm	
BREAK			
50 Yard Backstroke - Men 65+, 60-64, 55-59, 50-54		7:00pm	
50 Yard Backstroke - Men 45-49, 40-44		7:00pm	
50 Yard Backstroke - Men 35-39, 30-34		7:00pm	
50 Yard Backstroke - Men 25-29, 18-24		7:00pm	
50 Yard Freestyle - Men 65+, 60-64, 55-59, 50-54		7:30pm	
50 Yard Freestyle - Men 45-49, 40-44		7:30pm	
50 Yard Freestyle - Men 35-39, 30-34		7:30pm	
50 Yard Freestyle - Men 25-29, 18-24		7:30pm	
Thursday, June 24		100 Yard Freestyle - Men 65+, 60-64, 55-59, 50-54	5:35pm
		100 Yard Freestyle - Men 45-49, 40-44	5:35pm
	100 Yard Freestyle - Men 35-39, 30-34	5:35pm	
	100 Yard Freestyle - Men 25-29, 18-24	5:35pm	
	100 Yard IM - Men 65+, 60-64, 55-59, 50-54	6:15pm	
	100 Yard IM - Men 45-49, 40-44	6:15pm	
	100 Yard IM - Men 35-39, 30-34	6:15pm	
	100 Yard IM - Men 25-29, 18-24	6:15pm	
	BREAK		
	100 Yard Freestyle - Women 65+, 60-64, 55-59, 50-54	7:00pm	
	100 Yard Freestyle - Women 45-49, 40-44	7:00pm	
	100 Yard Freestyle - Women 35-39, 30-34	7:00pm	
	100 Yard Freestyle - Women 25-29, 18-24	7:00pm	
	100 Yard IM - Women 65+, 60-64, 55-59, 50-54	7:45pm	
	100 Yard IM - Women 45-49, 40-44	7:45pm	
	100 Yard IM - Women 35-39, 30-34	7:45pm	
100 Yard IM - Women 25-29, 18-24	7:45pm		

**Anyone not checked-in by their designated check-in time will not be able to compete.**

**Participants may check-in other company competitors for that night's events to ensure all check-in deadlines are met!!**

**Actual start times may vary depending on the number of swimmers. Each swimmer must be aware when his/her event starts and report to the starting blocks when his/her event is announced.**